St Patrick's Catholic School





School Newsletter Number 5 March 5th 2019

PRINCIPAL'S REFLECTION

"Just as our physical muscles are developed by lifting heavy weights and doing resistance training, so, too, our intelligence, personality, and character are developed by engaging with the world—especially dealing with problems, difficulties and challenges." —Mac Anderson and BJ Gallagher

A father and a young boy were walking through the woods in late spring. The boy sighted a butterfly struggling to break out of its cocoon. The boy pleaded with the father to free the beautiful butterfly from the prison of a cocoon. The father pulled out his pocketknife and carefully slit the cocoon. The butterfly immediately fell to the grass, where it lay helplessly trying to flap its wings but unable to fly. What the father and son had failed to understand was the fact that the struggle inside the cocoon was absolutely necessary for the butterfly's survival. The exertion to free itself from the cocoon was pushing fluids out of the butterfly and at the same time strengthening its wings. Both were necessary if the butterfly was to successfully fly away. The minute the father acted to "save" the butterfly from struggle he had doomed the beautiful insect. Only through its struggle could the butterfly develop the resilience to fly through life.

An important part of our wider-curriculum at St Patrick's Catholic School is the development of resilience in our students, staff and family members. We can hope to develop resilience in students or our children by being attentive to modelling such a strength in ourselves. The resilient person is characterised as being socially competent, able to use problem-solving skills, displays a healthy degree of independence and is generally optimistic. Rather than either feel utterly defeated by our circumstances or bask in the glory of the successes, we should look to how a situation arose in order to learn from

There are many in our school community who are currently facing difficult challenges in their lives. One aspect of our school Mission states that, We will endeavour to support all learners in their right to grow and develop to their full potential in an atmosphere of love, belonging and security. I would hope that in meeting the challenges that confront us in our busy days, our example to our children is such that they may be

better prepared to collaborate to help create an environment that supports the potential for all. Christianity doesn't necessarily teach that, 'everything will be OK', however, it does provide us with the message of hope that counters feelings of despair that may be associated with events that we cannot control. By being aware of our individual responsibility to 'live out a collective mission', we are doing much to ensure such challenges are 'resilient-building' experiences.

SCHOOL CALENDAR (Items in red are recently added.)

9.00am Year 4 lead morning prayer Monday 4th

assembly

Launch of Project Compassion

Tuesday 5th Shrove (Pancake) Tuesday

> Ash Wednesday - beginning of Lent 9.30am Years 3, 4, 5 & 6 attend parish

Mass

Thursday 7th Principals Meeting - Rosebery

Monday 11th Public Holiday

Wed 13th St Patrick's Day Celebrations - 9.30

parish mass (Years -6), parish

Wed 6th

School Swimming Carnival Thursday 14th

Friday 15th St Patrick's P&F School Fair

NO CANTEEN TODAY Catholic Education Week

Monday 18th 9.00am Year 2 lead morning prayer

assembly

6.00pm School Board Meeting Tuesday 19th Combined Catholic Schools Mass -

Marist College (Years 5 & 6)

9.30am Year 6 & 2 attend parish Mass Wed 20th

NWCPS Swimming Carnival Thursday 21st

Monday 25th 9.00am Year 1 lead morning assembly 9.30am Years 1 & 3 attend parish Mass Wed 27th

SCHOOL STUDENT TERM DATES 2019

Term 1: Thursday 7th February - Friday 12th April Term 2: Monday 29th April - Friday 5th July Term 3: Monday 22nd July - Friday 27th September

Term 4: Monday 14th Oct - Wednesday 18th December.

55 Bradshaw Street Latrobe, Tasmania 7307 Telephone: (03) 6426 1626 Fax: (03) 6426 2697 E-mail: stpatslat@catholic.tas.edu.au www.stpatslatrobe.tas.edu.au **School Banking Details:** BSB Acct: 067-000 Acct: 1027-3325

St Patrick's Playgroup - Inquiring Minds

Come along to our birth to 5 years play based learning program for you and your child. Come explore, learn and play with us. We warmly invite all families from the community and surrounds to join us regardless of association to the school. Operating every Friday during school terms from 9-10.45am. We look forward to seeing you.

Canteen

There will be **NO CANTEEN** Friday 15th March due to fair preparations.

Lent

With over 70% of our families not being Catholic, the following information regarding the traditions surrounding Lent might be of interest: Ash Wednesday and Good Friday, are days of fasting and abstinence. Fridays of Lent are also days of abstinence. Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed. Abstinence is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected, Church law does not oblige. When in doubt concerning fasting and abstinence, the Parish Priest should be consulted. Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and Catechumens should undertake these practices seriously in a spirit of penance and of preparation for Initiation into the Church or the renewal of Baptism Promises at Easter.

Visiting classes during school hours (8.50am – 2.55pm)

- Parents are requested to always contact the School Office prior to entering classrooms during class hours.
- Late arrivals must contact the School Office prior to going on to class.
- Parents picking up children and bringing children back to school after appointments must contact the School Office please.

Thank you in anticipation of your cooperation in ensuring the observance of this very important protocol.

Project Compassion 2019

Tomorrow is Ash Wednesday and it marks the first day of Lent. Lent is a special time when we stop and think about how we can play our part in God's hope for a world that is fair, just and peaceful. We think about our relationship with God, and how through serving others we can grow closer to him. Project Compassion runs each year during Lent and is Caritas Australia's annual fundraising and awareness raising campaign. This year Project Compassion shows how Caritas Australia works with young people to be a positive change for their entire communities.

During Lent we may choose to go without something we like to eat or do, such as chocolate or iPad time, this is called fasting. We can then choose to give money we saved or raised to people who do not have as much as we do, this is almsgiving. We can put the money we raise into the Project Compassion Box and know it will help people around the world who need it the most. Lives change when we all give 100%.



Yesterday families received their 2019 Project Compassion box. We would appreciate it if families could keep this somewhere prominent at home as a reminder that we can help change other peoples lives. If you can add your loose change over the next 5 weeks and return your Project Compassion box in the last week of term, we can all do our little bit to provide hope for those who need it. Your help is greatly appreciated!

SCHOOL-WIDE POSITIVE BEHAVIOUR SUPPORT, W.E.S.T. and MERCY VALUES

WEST Award

Congratulations to Zander Lee (Year 6) who received a WEST certificate during Monday's morning assembly. We will continue to acknowledge those students who exhibit WEST (Welcoming, Encouraging; Sorry; Thankful) qualities and Mercy Values (Hospitality, Compassion, Mercy and Respect) by presenting awards at our Monday morning assemblies. Families are always most welcome to attend our weekly assemblies.

Aussies of the Month

Emilia Ling (Year 1) and Tyler Bakes (Year 4.)

STUDENTS OF THE WEEK

Prep: Seth Foster for trying his best with all learning tasks.

Year 1: Cooper Cody for trying really hard in all areas.

Year 2: Mushtaq Khan for his excellent attitude and application to all learning tasks.

Year 3: Thomas Marshall for his focused approach to learning tasks and always being willing to help.

Year 4: Emma Watson for consistently applying herself with positivity and determination.

Year 5: Thomas O'Grady for his effort and focus on improving his recall of the times-tables.

Year 6: Kimberly Watkins for her outstanding attitude to all tasks.

School Board

Father Mike, Julie Fawkner, Felicity Reeves, Nick O'Toole, Kate Warren and Joanne Mulcahy at our recent School Board meeting. Parents are most welcome to contact Mr Linhart in regards to joining this committee, who meet six times a year and contribute greatly to our school as a parent voice advising on aspects of policy, planning and expenditure.





9.30am Parish Masses: all are welcome



Workplace Health & Safety

Simon Natoli is the Workplace Health & Safety Officer who supports the Catholic schools in the north and north-west of Tasmania. Simon undertakes inspections of our playgrounds and advises us in regards to all aspects of safety, including our school lock-downs and evacuations. We greatly appreciate Simon's diligence and support of staff and student safety at St Patrick's.

FAIR NEWS: Cake stall for the fair

A tray has been sent home today with each family. The P & F would appreciate if each family could bake something for our cake stall. The baked goods have to be clearly labelled with ingredients and the date it was baked. A label has been included with each tray. Baked goods can be returned to school on Thursday 14th or Friday 15th march.



ST PATRICK'S SCHOOL FAIR



Friday 15th March from 4pm



If you're in business and looking for a way to give back to your community we would love to hear from you. Your act of kindness will make a big difference and the kids at St Patrick's are the ones who will benefit from your generosity.

PLANTS AND PRODUCE

If you have a green thumb or know someone who does please feel free to donate plant cuttings, fresh fruit and vegetables, pots, garden tools, fertilisers - anything garden related. All donations will be greatly appreciated





VOLUNTEERING

Pulling an event like the Fair together is a team effort and many hands make light work. If you have an hour or longer to spare in the week of, or on the day of the Fair please leave your name at the office and a P & F member will get in touch.

WATCH THIS SPACE ...

We have an exciting announcement coming soon. Can you guess what it will be?





THE CAKE STALL IS BACK



We are once again running our very successful cake and sweet stall and will be sending trays home with each family for your delicious home baked items (biscuits, cakes, slices, savouries and pastries) to be sold at the stall. Labels will also be sent out to note your name, date backed and ingredients. If you are able to do any extra baking please leave your name at the office and a P & F member will be in touch.

BOOKS

Got a stack of old books sitting about getting dusty? We've got the solution. Donate your books to the Fair and give the gift of reading to others. We are seeking books for all ages and they can be dropped into the trolley outside Mr Linhart's office



VOLUNTEERING



Pulling an event like the Fair together is a team effort and many hands make light work. If you have an hour or longer to spare in the week of, or on the day of the Fair please leave your name at the office and a P & F member will get in touch.

FAIR RAFFLE

We have some exciting prizes for this years Fair Raffle and they're on display Foyer of the school - first prize is a child's bike and helmet!!! You will receive your raffle book this week and we encourage you to share with friends and family and return your book with at least one ticket sold.



Morris Gleitzman visit to Tasmania

Libraries Tasmania and the Australian Children's Laureate Foundation is bringing the current Australian Children's Laureate, Morris Gleitzman, to Tasmania from 26 to 27 June 2019. There will be two school events: one at Glenorchy Library on 26 June and one at Devonport Library on 27 June. There will be two evening events for adults and older students at Rosny Library on 26 June and Launceston Library on 27 June. The Morris Gleitzman Writing Competition is also open to all Grade 5 and Grade 6 Tasmanian students. It opens on 1 March and closes 30 April 2019.





Year 1 and 2 Girls Basketball

Mrs Meech and her team (Eva away) are busy with developing their basketball skills during lunch-time sessions. The season begins Wednesday 13th March. Best wishes girls!

School Swimming Carnival - Thursday 14th March

*Students not participating will stay at school working in a class.

Primary classes

- 9.00am assembly (Years 3-6 students need to bring a bag with towel, swimmers/sports uniform, morning tea, drink): students in Years 3, 4, 5 & 6 will then walk to the pool and assemble in class aroups under marques.
- 9.30am -12.00pm: Students swim in events as per the order outlined in the program; events will be timed, ribbons distributed and supported by St Brendan-Shaw College students.
- Students in Years 3, 4, 5 & 6 walk back to school for lunch and class tasks canteen as usual at school.

Early Years classes

- 12.15pm: Years 1 & 2 students have lunch at school.
- 12.45pm: Year 2 walk to the pool for a supervised free swim of 30 minutes (1.00-1.30pm)
- 1.00pm: Year 1 walk to the pool for a supervised free swim of 30 minutes (1.30-2.00pm)
- 1.30pm: Prep walk to the pool for a supervised free swim of 30 minutes (2.00-2.30pm)

A program of all event's included with today's newsletter.

REMINDERS & COMMUNITY NEWS







If you are a resident, ratepayer or interested community member of the Port Sorell area then you are invited to the

PORT SORELL COMMUNITY INFORMATION EVENING

Thursday March 7th, 2019 WHEN:

Commencing at 7.00pm

WHERE: Banksia Centre.

Pitcairn Street, Port Sorell

WHY: To update community members on topical issues and provide a forum

for discussion on any matters of interest or concern.

Attendees are also welcome to raise any local issues or items of

interest that you may wish to discuss.

A light supper will be provided.

Preserving the Past, Promoting the Present, Please register your interest in site of Please register your interest in attending to Candice Winter-6426 4444 or candicew@latrobe.tas.gov.au

SCHOOL FAIR - Plants & Produce

Our wonderful Mr Tim will, once again, be supporting the Plants and Produce stall at our forthcoming school fair (Friday 15th March.) Donations of plants (preferred always in pots if possible please) and/or any homegrown produce will be gratefully accepted - produce accepted from Wednesday 13th March; plants anytime. Please leave any donations outside Mr Linhart's office - your generosity and support is gratefully accepted.

Adult Literacy and Numeracy

Last week, the 26TEN Chat website, www.26tenchat.tas.gov.au, was officially launched by the Minister for Education and Training, Jeremy Rockliff. Please use it, share it and spread the word about the 26TEN Chat. We look forward to hearing your stories on its use and any feedback you would like to share. Please email at email@26ten.tas.gov.au to give us feedback and ask questions.

And remember, the five steps to having a 26TEN Chat: Notice, Refer, Raise, Listen, Refer, Encourage.

- 1. **Notice:** Often there are signs that someone is struggling with reading writing or maths. These may include excuses, asking to take paperwork home or using humour to deflect attention.
- 2. Raise: The best way to be certain you have noticed low skills in reading, writing and maths is to ask the person about it.
- **3. Listen:** Allow time to listen to their response.
- 4. Refer: Mention the 26TEN helpline, 1300 00 2610 and the 26TEN website, www.26ten.tas.gov.au
- **5. Encourage:** Have patience and provide ongoing encouragement.

After-school use of school grounds.

Staff are usually not in a position to provide supervision or intervene after school and it has come to my attention that there is the potential for members of our school community to be injured, and/or for damage to school property to occur, when the school day concludes at 3.00pm and families remain on school premises. Recent incidents have concerned me and I have fielded complaints from members of our school community in regards to what are considered unsafe actions. St Patrick's School also shares our space with the Shamrock Childcare Centre and under their regulations, they can't use the play equipment until families have left, which can be a considerable inconvenience for the childcare centre staff and students. I have mentioned in Newsletters the understanding that children need to be closely supervised by responsible adults, however, it appears that the potential for injury and/or damage is a real concern and, as such, there is now an expectation that families no longer stay after school using school facilities - this decision was not taken lightly. There may be exceptions that may include closely supervised sports' training sessions where families with children may find it convenient to stay and watch, however, these would be exceptions to the rule and there needs to be a clear understanding that parents who are watching the training and who may have children not involved in the training are very closely supervised by the adult. Thank you for your understanding and support. Mr Linhart is available to discuss this decision with you to provide any clarification or elaboration.

Tutoring

Primary school English and maths tutor available North West coast. I am a student at the University of Tasmania in my fourth year of studying a Bachelor of Education (Primary). My teaching experience includes being a private tutor for 3 years, TA relief work, six months of volunteer help, and practical experience through university involvement. I structure my lessons based on your child's ability and areas of improvement. I have previously worked with children diagnosed with autism, ADHD, and dyslexia. I have also worked with children of various academic levels and abilities, including hearing and learning disabilities. I have tutored students from grades 2-8 in various subject areas. For more information including availability and fees: Email: megan.flude@gmail.com Phone: 0448 036 776. Tutor profile: http://www.tutorfinder.com.au/tutors/detail.php?TutorlD=79678Kind regards, Megan Flude.