

St Patrick's Catholic School Latrobe



School Newsletter Number 34 November 5th 2019

PRINCIPAL'S REFLECTION

Albert Bandura was a favourite of one of my university lecturers so we became quite accustomed to this remarkable sociologist who is best known for his theory of self-efficacy and his work in social learning. In addition, Bandura served as President of the *American Psychological Association* in 1974 and continues to research and teach at Stanford University. Self-efficacy simply means our own ability to act in a given situation. What it really comes down to is our belief in our own ability to act, to cause, to make something happen.

Beliefs are powerful things. At the very foundation of our behaviours and actions are the beliefs we hold about ourselves and our abilities; sometimes it is not so much that we underestimate our influence, but rather it appears that we don't really believe that we actually have influence. We stop ourselves from contributing, because we don't believe that what we have to say or do has value.

Bandura's research supports the perspective that self-belief does not necessarily ensure success, but self-disbelief assuredly spawns failure. By showing persistence and determination through tough times, people emerge from adversity with a stronger sense of efficacy. A conclusion in a 1996 publication of Bandura's stated, "People's beliefs about their abilities have a profound effect on those abilities. Ability is not a fixed property; there is a huge variability in how you perform. People who have a sense of self-efficacy bounce back from failure; they approach things in terms of how to handle them rather than worrying about what can go wrong." Staff are involved in preparations for end of year reporting, finalising bodies of student work, analysing students' results in numerous class and standardised tests, looking for 'the gold' that can be used to help the child develop a sense of self-belief.

It was interesting that the vast majority of teachers that I was involved in interviewing last week who were in the extensive rounds of interviews for positions in Catholic schools in our region answered to the following question: 'What quality do you most appreciate in a colleague?', that 'Honesty' was the quality that was most appreciated. For all of us, an honest appraisal of our efforts should provide us with sufficient material to reflect and evaluate 'where to next?' We not only gain understanding through reflection, we can then evaluate and alter our own thinking, and future.

Regards, Rod Linhart

Principal

SCHOOL CALENDAR

NOVEMBER

Wed 6th	Parish members invited to morning tea after Mass.
Thursday 7th	Junior Choir sings livestream as part of 'Music - Count Us In' initiative.
Monday 11th	9.00am Year 5 morning prayer assembly Swimming program (Year 2 to Year 5) begins
Wed 13th	9.30am Years 5 & Prep Parish Mass
Thursday 14th	Allison Davies (Neuropsychologist) presenting in the school assembly hall - P & F initiative 5.30pm St Patrick's Childcare meeting
Friday 15th	9.00-10.30am 2020 Kinder Orientation/ Pre-Kindergarten session Afternoon - Childcare Christmas Party
Monday 18th	9.00am Year 1 morning prayer assembly
Wed 20th	9.30am Years 1 & 6 Parish Mass NW Catholic Schools' Athletics Carnival (Penguin)
Monday 25th	Staff Professional Learning Day - Student free day
Tuesday 26th	9.00am Year 2 morning prayer assembly
Wed 27th	9.30am Years 2 & 4 Parish Mass
Thursday 28th	Devonport Triathlon
Friday 29th	Public Holiday - Devonport Show

DECEMBER

Sunday 1st	First week of Advent
Monday 2nd	9.00am Year 4 morning prayer assembly 6.00 School Board - Dinner
Tuesday 3rd	St Brendan-Shaw & Latrobe High Years 6-7 Orientation Day.

SCHOOL STUDENT TERM DATES 2019

Term 4: Monday 14th Oct - Wednesday 18th December.

SCHOOL STUDENT TERM DATES 2020

Term 1 Thursday 6th February - Thursday 9th April
Easter break Friday 10th April-Tuesday 14th April
Term 2 Mon 27th April - Friday 3rd July
Term 3 Mon 20th July 2020 - Friday 25th September 2020
Term 4 Mon 12th October 2020 - Thursday 17th Dec 2020

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SCHOOL-WIDE POSITIVE BEHAVIOUR SUPPORT, W.E.S.T. and MERCY VALUES

WEST Award

Congratulations to Evie Bracken (Prep) who received a WEST certificate during Monday's morning assembly. We will continue to acknowledge those students who exhibit WEST (Welcoming, Encouraging; Sorry; Thankful) qualities and Mercy Values (Hospitality, Compassion, Mercy and Respect) by presenting awards at our Monday morning assemblies. Families are always most welcome to attend our weekly assemblies.

House Raffle Winners

Byrne House: Kimberly Watkins

Dooley House: Hunter Viney

Martyn House: Kaylee Chappell-Hope

STUDENTS OF THE WEEK

Prep: Hunter Viney for great engagement in all Prep tasks.

Year 1: Chloe Anthony for consistent effort towards her school work.

Year 2: Rose Evans for her enthusiastic and encouraging attitude at the Athletics Carnival.

Year 3: Harry Hughes for the positive effort he is applying to learning tasks and for being accepting of his peers.

Year 4: Keira Emery for outstanding work with all time tasks in Mathematics.

Year 5: Paul Barrass for his active listening during the Lego League presentations and his constructive feedback.

Year 6:

2020 Class Booklists

The 2020 class booklists will be distributed to families next Tuesday 12th November. Free delivery for books, cuts off on orders on or before the **8th December 2019**. After this date delivery is \$12.95. As in previous years, St Patrick's will be using the services of OfficeMax for booklist orders; this does not prevent families from purchasing any or all booklist items from other stationery outlets, however, it is **very important that families only purchase the specific writing books (ruled lines)** that the class teacher requests for 2020.

Mathematics - Student books

As part of our endeavours to both inform families and to allow families to have productive conversations that have student outcomes as a focus, student Mathematics books will be sent home next week. Please review these books, have a conversation with your child or children, and ensure the books are returned to school the next day.



Cyber Awareness (Mrs Badcock)

During the first 4 weeks of Term 4 each class has been involved in a variety of activities focussing on Cyber Safety. The aim is to empower students to have safe and positive experiences online.

Students have been sharing their knowledge and experiences to develop their skills to do the following:

- Keep their personal information safe online.
- Recognise who can give them help and support when needed.
- Understanding how they communicate with others when online.

The website <https://www.esafety.gov.au/parents> provides clearly presented tips, skills and

advice for parents on topics such as online habits, safety and privacy to help your child have a more





Student Achievers

(Left) Allie Hardiman was awarded 'Intermediate Champion' at her recent Gymnastic Dinner. She represented Tasmania last Friday in Melbourne at the Trans-Bass Competition. Well done Allie!

(Right) Congratulations to Angus (Kinder) and Zander (Prep) who were many children who borrowed a school library book every week and were, consequently, in the draw to win a fabulous Library Reading Pack. Well done to all children who borrow every week and read each night. Many thanks to Mrs Carter for facilitating this initiative.

Choirs visit to Strathdevon

Our Junior and Senior Choirs provided some beautiful singing to the residents and staff of Strathdevon Aged Persons Home last Tuesday. The children enjoyed a delicious morning tea and a drink after their performances (thank you Mrs Singline!) and they were excellent ambassadors of our school. Thank you to Mrs Watson-Peters and Mrs Baker for preparing the choirs and for supporting this initiative.



Year 1 History Excursion

Recently Year 1 visited Hagley to learn more about what life was like in the olden days. Students were buzzing with excitement and the prospect of a ride on the bus was equally as exciting as the destination! We began our day learning how butter was made. We all got a turn to use the butter churn – some thought it was 'easy', other student's arms were aching after 1 minute. Imagine having to do it for a long time! After we had finished we got to try some fresh butter on a biscuit – fresh is best – it was delicious! We got to take home the rest of the butter that we made and the buttermilk that separated in the butter making process. We made buttermilk scones this week, they were yummy! Next, we went to the museum which held the olden day equivalents of what you might find in your garage/garden shed/place of business years ago. Next, we went to the home museum. Here we got to see olden day items that were used inside the house on a daily basis – they gave us an insight into how people in the olden days cooked, cleaned, slept, bathed, shopped, relaxed, socialised and worked on a daily basis. We also got to do the washing by hand – much, much harder work than throwing it in the washing machine! In the afternoon we visited an olden days' classroom. This was very different to what we are used to today. Some of the differences were:

- *They used ink pens – Oliver*
- *If you did something wrong you had to stand at the blackboard and put your nose on a red chalk circle – Chloe*
- *If you laughed you would get smacked in the flat part of your hand. – Annabell*
- *If you made a mistake you got the 'Dunce's' hat – Sienna*
- *They used ink to write with – Cooper*
- *People didn't have the same clothes – Jed*
- *Girls wore a bonnet on their heads – Ava*
- *They had to line up outside and the teacher rang a bell – Zita*
- *They didn't do anything fun – Harper*
- *The desks and chairs were made out of wood - Hamish*
- *You weren't allowed to talk or laugh in class – Hudson*
- *They had the cane – Harper*
- *If you didn't do well one year, you would have to stay back – Jed*
- *They used a blackboard instead of a whiteboard. – Chloe*
- *The teacher was very strict - Violet*





How people lived in the olden days...





Together we raised \$262.90 for Socktober!

Thank you!

Our class winners were:

- Kinder - Amir Khan
- Prep - Ellie Hayes
- Year 1 - Jack Burgess
- Year 2 - Mushtaq Khan
- Year 3 - Indy Wells
- Year 4 - Emma Watson
- Year 5 - Matilda Hayes
- Year 6 - Kimberly Watkins



 **catholic mission**
Reach out. Give life.



First Lego League (FLL) gives students aged 9-16 the chance to develop, design, build and code LEGO Education MINDSTORMS EV3 robots to perform autonomous missions on a themed playing field and design innovative solutions to a real-world problem inspired by the theme.



Staff News

Mr Linhart will be involved in a statewide principals' meeting tomorrow, Thursday and Friday.

PARENTS & FRIENDS

School athletics carnival

The sausage sizzle that the P & F provided to the school community for the athletics carnival was very well received. Everyone seemed to enjoy their well earned sausage or hamburger. The coffees and treats that were available to the spectators was a great success too. A big thank you to Jason Anthony and Dave Tueon for cooking the bbq; Megan Meech and David Angliss for running the coffee machine; Lorraine Young, Kirrilly Jones, Carl Garrad and Kanjula Rajapakshe for attending to the canteen; Lorraine, Kirrilly, Anita and Tameika for making the yummy treats that were available. We are

very lucky to have so many parents/grandparents and staff that are so generous with their time to make the day such a great success. If anyone has any feedback on the day or any other fundraising event the P & F hold, or if anyone would like to know how to go about joining the committee, please feel free to speak to Tameika Anthony or Anita Tueon. Events to keep your eye out for are...the **Allison Davies night** and the **Sunrise Bakery Christmas Treats bakery drive**, both coming soon.



REMINDERS & COMMUNITY NEWS

Staff Professional Learning Day/Student-Free Day

Monday 25th November is timetabled as a whole-staff professional learning day. Staff will be provided with professional learning in the 'Seven Steps to Reading' program, which will further enhance some significant professional learning (Initial Lit; Macq Lit) that we, as a school, have provided to staff in our endeavours to enhance our mastery of literacy learning. **Students will not attend school on Monday 25th November.**

St Brendan- Shaw College Newsletter link is: <http://sbsc-au-tas-251-website.digistormhosting.com.au/newsletters/term-4-24-october-2019>



Student Swimming Program - Monday 11th November to Friday 22nd November.

Over the past two years we have asked for feedback from families and staff in regards to our water familiarisation program. After reviewing the feedback, discussions amongst the School Board and staff and with the swimming instructors, we have decided to focus the program on developing swimming competency, rather than water familiarisation. Therefore students in Prep, Years 1 and Year 6 will not be involved in the program this year, with the focus instead being on developing swimming competencies for students in Years 2, 3, 4 and 5. Each class level will have three instructors, with the majority of the allocated daily class session being in the pool. Our 10 day school swimming program will be offered Monday 11th November to Friday 22nd November.

KINDER 2020

Have you returned your enrolment form yet?

Please make sure enrolment forms are returned to the school office.

If you would like a tour of our school or more information, please contact our office on 64261626